

Stay well this Autumn with your local NHS

The colder weather can take its toll on health conditions, and even lead to serious complications. You can get support and advice from various sources including:

Meltham Road Surgery

OCT - DEC ‘22

Did you know?

¬ NHS app

¬ www.togetherwe-can.com

¬ 111.nhs.uk

¬ 0800 183 0558 for 24/7 mental health support

¬ any pharmacy

¬ A&E or 999 if seriously ill or injured

You can book an appointment for after 5pm on Mondays and Tuesdays. Simply ask a receptionist about our extended clinics.

Coronavirus: the latest guidance and advice

Face masks are encouraged when attending the surgery.

Although you legally no longer need to isolate when testing positive for covid, we strongly encourage you to do so and ask that you please do not enter the surgery.

If you return a positive lateral flow test and are asymptomatic you do not need to perform a PCR test. Please note lateral flow tests now come with a charge.

You can ring 119 to contact the covid helpline for any specific enquiries relating to the coronavirus.

For a comprehensive list of guidance visit www.gov.uk.

You can book in for either a face-to-face or telephone appointment with our clinicians. The national waiting time can vary between 1 – 4 weeks.

You can still book in for your first and second covid vaccinations –use the national booking system or check for your nearest walk-in clinic via the NHS website.

Autumn covid booster

Now available to those over 50 as well as those under 50 who have a weakened immune system, are pregnant, a frontline health care worker or a carer aged 16+. Check the NHS website for walk-in clinics local to you.

You may be eligible for free medication for various issues via the Minor Ailment Scheme - speak to your pharmacist today.

Obtaining your covid passport

You can obtain your passport either through the NHS app, NHS website or contacting 119 and requesting a physical copy. Please note the surgery cannot provide a copy.

For the protection of the most vulnerable, we ask that you avoid entering the surgery if you test positive for or have symptoms of covid.

Online services

Our website offers a variety of services including ordering prescriptions, booking telephone appointments, and viewing test results. Setting this up is quick and easy – ask a staff member for your username and password.

Struggling with mobility issues? Ask our receptionists about booking in with a physiotherapist.

Monday 14th November is World Diabetes Day!

Did you know diabetes leads to almost 9,600 leg, toe, or foot amputations every year in the UK? That’s 185 a week. And 850,000 people are currently living with undiagnosed Type 2 diabetes.

Wear some blue to raise awareness and show your support – and check out our displays in the waiting room.

A note to our patients

Surgeries across the world have faced an unprecedented increase in patients accessing their services. As such, this has also put a strain on the volume of patients contacting us at any one time and, as a result, causing delays in attempts to contact us. Please be patient when trying to contact us and, where possible, try during quieter periods of the day. Alternatively, you may also use our website for a variety of services.

Alongside this has been an increase in verbal abuse towards many of our staff members. Please remember that we are here to help you and are working to the best of our abilities during these tumultuous times. Nobody is immune to the difficulties of the ongoing pandemic, so let’s work together to get through this as peacefully as possible. Thank you.

Please note that management are aware of patient difficulties in accessing the surgery via our telephone lines; we are actively assessing the situation to ensure optimal communication between patients and reception staff.

eConsult

As an alternative to phoning the surgery, you can also fill out an eConsult form to book an appointment with a doctor. Simply head to our website and follow the eConsult instructions on the homepage.

Samples

Samples can be dropped off in the clear box marked ‘specimens’ located to the left of our entrance area.

Please avoid leaving samples after 5pm on a Friday as these will be left over the weekend.

Prescriptions

Our prescription line is open between 11:00am - 4:00pm Monday - Friday. Please call during these times to help staff manage requests as efficiently as possible. Please allow 48 hours for requests before collecting them from your nominated pharmacy.

Travel

For travel advice collect a travel risk assessment form from receptionist at least 4 weeks prior to travelling. A telephone appointment will be offered as well as a face-to-face appointment if vaccinations are needed.

Note: emergency travel may warrant attending a private clinic if there are no available appointments with us.